

HEAVEN SENT

DESIGN & DECOR

JULY 2022 | VOL. 1

INTRODUCING... THE HSD NEWSLETTER



Welcome to Our Family!

WRITTEN BY JENNA LOCKETT &
SHANNAH MAU

I'm so glad you're here, as this will be the first of many monthly issues such as this! My name is Jenna Lockett, and I'm the Principal Designer and CEO of HSD. Here at HSD, we are family, and I love to share the things that I love with my family and friends, starting with this newsletter/blog space! With the help of my assistant, Shannah, I will share tips & tricks, seasonal recipes & libations, DIY's & more on this newsletter! I hope you find these topics useful and that they add a Heavenly touch to your space.

5 Ways to Revamp Your Space and Lift Your Mood!

1. Declutter

Starting to declutter isn't always the easiest thing. Start small, and take it one step at a time! Begin with one space or category in your home, and decide which items won't impact you if they are no longer there.



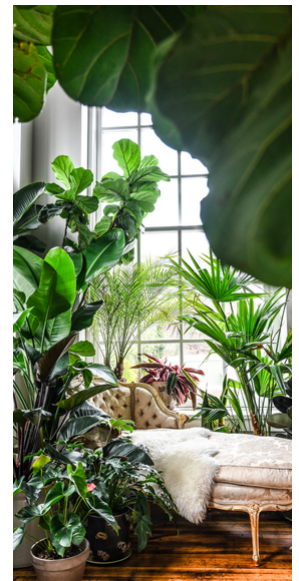
2. Organize

Next, it's time to get organized! Sort out the things you've decided to keep in your home into categories, bins, shelves, or whatever method is most practical in accordance with your lifestyle. Utilize that storage space!



3. Plants, plants, plants!

Plants inside and outside of your home not only look good, but they make us feel good, too! Studies show that plants in our living spaces can boost moods and productivity while also reducing stress. Adding plants to any part of your home is always a nice touch.



4. Create a nook

Find the perfect spot in your home with a good amount of natural light, set up your comfiest chair or couch with some cushions and blankets nearby, and grab a small table to hold your daily cup of coffee and your favorite book.



5. Invest in new bedding and/or plush throws for getting cozy

Your bed is the main part of your personal sanctuary, and it's important that you love it enough to come home to it every day to find some peace. Choose a color palette that makes you happy, grab some throw pillows for some style and comfort, and don't overlook the good investment of quality linens!

How I Organize & Declutter My Spaces

1. Schedule a block of time to focus on decluttering.

We're all guilty of pushing off a decluttering session, but figure out a time that works for you, and commit to starting the process!

2. Keep only what you've used in the last year.

If you didn't need it for an entire year, you likely don't need it in the future! Of course, this can be an exception for certain items, such as memorabilia, but I try to focus on this point mainly when I am sorting through my clothes.

3. Get rid of duplicate items.

In regards to home clutter, you could cut down that stack of magazines that has been building up on your coffee table, donate the extra throw pillows that are outdated in your home, etc.

4. Create a designated spot for items you want to keep.

Whether it's a couple new bins for your throw blankets, rearranging your closet, or buying another shelf, it'll be easier to stay organized if everything has a place.

5. Utilize your furniture storage.

Maybe your ottoman doubles as a trunk for your throw blankets, or your bed frame has drawers to store extra sheets. No matter the case, taking advantage of your home's available storage space is key!

6. Label every item.

Labels keep things from getting confusing! This is especially useful in your bathroom and laundry spaces, where cosmetics and products can get mixed up, lost, and forgotten about.

7. Reduce paper clutter by digitalizing your keepsakes.

A lot of important memories, keepsakes, and unforgettable times are documented on paper, and we can't seem to get rid of them, nor should we be expected to. It can be helpful to scan your personal keepsakes that are on paper and keep them in a folder on your device and store away the item someplace safe and tucked away in your home.



Recipes We Love

Cocktail of the Month

Watermelon Margarita

By Erin Merhar



Ingredients

- 4 c. cubed watermelon
- 8 oz. tequila blanco
- 1/3 c. lime juice
- 2 tbsp. simple syrup, optional
- 1/4 c. kosher salt
- 1 tsp. coarse sugar, like Sugar in the Raw
- 1 tsp. Tajin seasoning or chili powder
- 4 lime wedges
- Ice, for serving
- 4 Small watermelon wedges

Directions

1. Place the cubed watermelon in a blender. Blend just until it breaks down into a liquid, about 30 seconds. Strain through a fine mesh strainer and mix with the tequila and lime juice. Taste for sweetness and add simple syrup, if you like it sweeter.
2. On a small plate, combine the salt, sugar and Tajin seasoning. Run the lime wedges around the rims of 4 cocktail glasses. Dip the rims into the spiced salt mixture.
3. Fill the glasses with ice and the margarita mixture. Garnish with small wedges of watermelon and the lime wedges.

Entrée of the Month

Spaghetti Carbonara

By Chungah Rhee

Ingredients

- 8 ounces spaghetti
- 2 large eggs
- 1/2 cup freshly grated Parmesan
- 4 slices bacon, diced
- 4 cloves garlic, minced
- Kosher salt and freshly ground black pepper, to taste
- 2 tablespoons chopped fresh parsley leaves

Directions

1. In a large pot of boiling salted water, cook pasta according to package instructions; reserve 1/2 cup water and drain well.
2. In a small bowl, whisk together eggs and Parmesan; set aside.
3. Heat a large skillet over medium high heat. Add bacon and cook until brown and crispy, about 6-8 minutes; reserve excess fat.
4. Stir in garlic until fragrant, about 1 minute. Reduce heat to low.
5. Working quickly, stir in pasta and egg mixture, and gently toss to combine; season with salt and pepper, to taste. Add reserved pasta water, one tablespoon at a time, until desired consistency is reached.
6. Serve immediately, garnished with parsley, if desired.

HSD Employee Spotlight



Shannah Mau

Heaven Sent has been expanding into exciting new projects this year and needed a new team member to tackle all the tasks with us! We are excited to welcome Shannah, who is here to help with client communication, social media, blog writing, and expressing our brand to customers. Hear a little about her past experience and personal philosophies that drew her to Heaven Sent Design & Decor!

My name is Shannah Mau and I am a senior in Marketing at Point Loma Nazarene University. I was born and raised in Honolulu, HI, and living in San Diego for the past three years has been such a fun journey. My past work experience includes sales associate roles with Billabong and PacSun, as well as marketing-focused assistant work with PLNU and a small startup in Encinitas known as Live Heads Up. Working with these different companies has taught me to adapt to the brand and their consumers so that I can communicate the brand message to them in the best way! My future career dreams consist of doing marketing or event planning for any local company to my hometown of Honolulu. The people and the environment at home inspire me every day, and I strive to do work at home to give back to those communities.

What motivates me in my work here at HSD is knowing I am helping a business that holds strong values such as transparency, connection, and philanthropy. I am very passionate about both organization and storytelling, which is why the role of personal assistant with a marketing focus at Heaven Sent Design & Decor was perfect for me. I love to add my personal touch of aesthetic and my voice into my work, which you can find throughout this blog and in some of the future projects of HSD. In my personal life, I enjoy surfing, trying new things (and foods!), exploring San Diego with my friends, and going to the beach with my loved ones.

I'm looking forward to what the future holds for me here at HSD, and I hope to hear from you soon!